## Get Growing: A Self-Assessment for Aspiring Farmers and Farmers in Search of Land

Please complete the following assessment to assist you in determining the appropriate place to plug into regional training opportunities. \*\*If you answer NO to two or more of the questions in each step, consider the suggested opportunities. \*\*If you answer YES to two or more in each step, proceed to the next step

Step 1: Aspiring Farmer	Yes No		
I have attended at least one conference or workshop dealing with agricultural production and/or farm business planning		Field days/ Farm Tours/ Skill Sessions Conferences/Workshops Find a farm near you to work on in some capacity Practice growing where you live Talk with Extension and other organizations to see what conferences and workshops are available	
I have grown crops or raised livestock on a home/homestead scale			
I have participated in a work related activity on a working farm in the last two years			
Step 2: In-training Farmer	Yes No	On-farm trainings and beginning farmer resources	
I have explored several different farming enterprises		Work Exchanges/Internships/Farm Employment Field days/ Skill Sessions/Farm Tours Conferences and Workshops Find on-farm work through NC FarmLink, through your local Extension office, online sites and directly through farms	
I have apprenticed/worked on one or more farms in the last five years			
I have explored the idea and components of operating my own farm			
I feel I am ready for an intense, long-term farm planning course		Yes No   Yes No   Speaking with the FSA and local Farm Credits about leasing and purchasing processes and availabilities   On-farm field days and workshops   Ask your local Extension office about farmer intensive courses near you and local farmer mentors and classes   Technical Assistance and Operation Pairing   Personalized production, marketing and financing assistance/Address land access and management/Mentorship   Contact NC FarmLink and create a profile on our database, Contact your local Extension Agent, connect with local land trusts and other service providers to help with land access and fine-tune your business plan and production for success	
Step 3: Start-up farmer			
I have explored how to make farming a career or a way to generate supplemental income	Yes No		
I have a farm business plan and have worked with my small business center or similar office			
I have saved up money for lease expenses and farm start up costs			
I am well connected to my local established agricultural community and/or know about land access options in the area where I plan to farm			
Step 4: Seasoned farmer	Yes		
I have completed an intensive farm production or business training or have equivalent experience			
I am interested in further support to make my farm business more successful			
I have the experience and knowledge to run my business and need help with finding land to farm solo or in a cooperative model		NC STATE EXTENSION	
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